



# GPS Relay Champs T&F Student Info

## TOOWOOMBA GRAMMAR SCHOOL

### TRACK & FIELD

### FRIDAY 13TH SEPTEMBER 2019

<b>VENUE:</b>	<b>Nudgee College</b>
<b>TIME:</b>	All departures and arrivals are from the Margaret Street bus loop. Meet at 1.45pm (before the end of lunch) for a 2pm departure.
<b>RETURN to TGS</b>	10:30pm
<b>UNIFORM:</b>	<ul style="list-style-type: none"> <li>- TGS Tracksuits.</li> <li>- All boys must have TGS sports hat.</li> <li>- All boys must have TGS Athletics singlet &amp; shorts.</li> </ul>
<b>OTHER:</b>	- Ensure you read your event information below.
<b>FOOD:</b>	<ul style="list-style-type: none"> <li>- Day boys bring their own afternoon tea/dinner.</li> <li>- There will be a tuckshop to purchase food.</li> <li>- Boarders will receive a meal ticket for the tuckshop.</li> <li>- Please take a drink bottle with you.</li> </ul>

#### 2019 GPS RELAY TITLES

HOSTED BY ANGLICAN CHURCH GRAMMAR SCHOOL  
AT ST JOSEPH'S NUDGEE COLLEGE ATHLETICS CENTRE, BOONDALL  
FRIDAY 13 SEPTEMBER 2019

# GPS

SINCE  
 THE GREAT  
 PUBLIC SCHOOLS'  
 ASSOCIATION OF  
 QUEENSLAND  
 1918

Time	Long & Triple Jump		Shot Put and Discus		High Jump		Javelin	
	Event & Age Group	Location	Event & Age Group	Location	Event & Age Group	Location	Event & Age Group	Location
4.30-5.35pm	LJ - 13 Years	East Pit	SP- 13 years	Circle 1	HJ- 14 years	East Mat	14 + 15 years	End Field
4.30-5.35pm	TJ - 15 Years	West Pit	DIS- 16 years	Circle 2 Outside			(Combined)	
4.30-5.35pm			DIS- Open	Circle 2 Outside				
5.35-6.25pm	LJ - 14 Years	East Pit	SP- 14 years	Circle 1	HJ- 15 years	West Mat	16 years + Open	End Field
5.35-6.25pm	TJ - 16 Years	West Pit	DIS- 14 years	Circle 2 Outside			(Combined)	
5.35-6.25pm			DIS- 15 years	Circle 2 Outside				
6.25-7.10pm	LJ - 15 Years	East Pit	SP- 15 years	Circle 1	HJ- 16 years	East Mat		
6.25-7.10pm	TJ - Open	West Pit						
7.10-7.55pm	LJ - 16 Years	East Pit	SP- 16 years	Circle 1	HJ- Open	West Mat	13 years	
7.10-7.55pm	TJ - 13 Years	West Pit					<i>NB: extra supervision required</i>	
7.55-8.40pm	LJ - Open	East Pit	SP- Open	Circle 1	HJ- 13 years	East Mat		
7.55-8.40pm	TJ - 14 Years	West Pit	DIS- 13 years	End Field Inside				

Track			
8.15-8.30pm	15, 16 Yrs and Open	4 x 400m	15-30 minutes
	12,13 and 14 Yrs	4 x 400m	
8.00-8.15pm	16 years	Distance Medley	15 minutes (1200m, 400m, 800m, 1600m)
7.30-8.00pm	15 years	Distance Medley	15 minutes (1200m, 400m, 800m, 1600m)
7.05-7.30pm	13 - Open	4 x 100m Race 1	25 minutes
		4 x 100m Race 2	
6.45-7.05pm	14 years	Distance Medley	25 minutes (1200m, 400m, 800m, 1600m)
5.50-6.30pm	13 years	Distance Medley	25 minutes (1200m, 400m, 800m, 1600m)
5.30-5.50pm	13- Open	Sprint Medley	30 minutes (200m 200m, 400m, 800m)
4.45-5.30pm	Open	Distance Medley	15 minutes (1200m, 400m, 800m, 1600m)

*NB: No warm ups are permitted on the back straight*