

Trenerry Weights Room Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Am (5:30-6:15)	Swimming	Swimming	Rugby	Swimming	Swimming
Cleaning (6:15-6:30)	Squad	Squad	Squad	Squad	Squad
S&C	Weber	Weber	Ingram	Weber	Weber
AM (6:30-7:15)	Basketball	Football	Rugby	Available	Available
Cleaning (7:15-7:30)	Squad	Squad	Squad		
S&C	Weber	Weber	Ingram	Hess	Hess
PM (3:30-4:15)	Rugby	Volleyball	Basketball	Basketball	Available
Cleaning (4:15-4:30)	Squad	Squad	Squad	Squad	
S&C Coach	Ingram	Weber	Weber	Weber	Hess
PM (4:30-5:15)	Rugby	Available	Athletics	Volleyball	Athletics
Cleaning (5:15-5:30)	Squad		Squad	Squad	Squad
S&C Coach	Ingram	Hess	Krog	Weber	Krog
Pm (5:30:-6:15)	Unavailable	Available	Athletics	Unavailable	Athletics
Cleaning (6:15-6:30)			Squad		Squad
S&C Coach	N/A	Hess	Krog	N/A	Krog